

Chelan Valley Community Nurse

How might a Community Nurse help?

- ✓ Making visits to vulnerable adults living at home.
- ✓ Helping older adults stay safe in their homes
- ✓ Assisting with understanding medications and treatments, especially after hospital discharge
- ✓ Educating about new conditions and managing chronic conditions
- ✓ Referring clients to physicians, community resources, and other support services
- ✓ Offering community blood pressure screenings

This service is FREE/GRATIS

Your Community Nurse

Michelle Jerome RN, BSN has been doing home visits the majority of her 35 year career. She comes to our community with experience in home health, hospice, public health & maternal/child care.

Se Habla Espanol



How do I reach the nurse?

Call or email to refer yourself or a loved one or
just talk to a nurse

509-679-9059

touchstonehealthchelan@gmail.com

Who could benefit from a visit?

- ✓ A neighbor or loved one who is at risk of falling or might otherwise need help with daily living tasks and living at home.
- ✓ Someone who has recently been discharged from the hospital or has a new diagnosis and could use help managing medications or their condition.
- ✓ Anyone who needs help getting connected to community services because they are hungry, cold, lonely, or in an unsafe living situation.
- ✓ When you have questions or concerns about your or someone else's health. You can call and talk to a nurse who can help.



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FREE/GRATIS**

**WORKING TOGETHER TO KNIT A
SAFETY NET FOR THE
LAKE CHELAN COMMUNITY**

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Find us on Facebook- Lake Chelan Community Nurse

Thank you to United Health Care, Lake Chelan Health and Wellness Foundation and Lake Chelan Community Services Council for their generous donations to our community.

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